

The Board of Health recommends the following for residents, students, visitors, and employees as we return from post-holiday activities:

The Board Health strongly recommends the use of face coverings or masks indoors especially if you or someone in your household has a weakened immune system or increased risk for disease. Stay home if you are sick. If you test positive with a COVID-19 test, please isolate at home for 5 days and wear a mask for an additional 5 days whenever you are near other people.

COVID-19 test kits are plentiful and readily available at Town Hall and supplied to other municipal buildings, including the Morse Institute Library and Community Senior Center.

As a reminder, cover your cough or sneeze, wash hands frequently and sanitize high touch surfaces with an EPA registered disinfectant.

Vaccinations and boosters remain the most effective prevention to serious disease. They are available at some retail pharmacies and some health care providers. To find a location visit: <https://vaxfinder.mass.gov/>

For more information, please check:

Natick Board of Health Link on the Town  
Website: [www.natickma.gov/218/Health-Department](http://www.natickma.gov/218/Health-Department)

MA Department of Public Health: [www.mass.gov/orgs/departments-of-public-health](http://www.mass.gov/orgs/departments-of-public-health)